



IRSST

Instituto Regional
de Seguridad y Salud
en el Trabajo

WORKPLACE SAFETY AND
HEALTH EDUCATION FOR
YOUNG PEOPLE
COURSE YEAR 2024/2025

UNEXPECTED ENCOUNTERS

BASED ON
REAL EVENTS



Comunidad
de Madrid

CONSEJERÍA DE ECONOMÍA, HACIENDA Y EMPLEO

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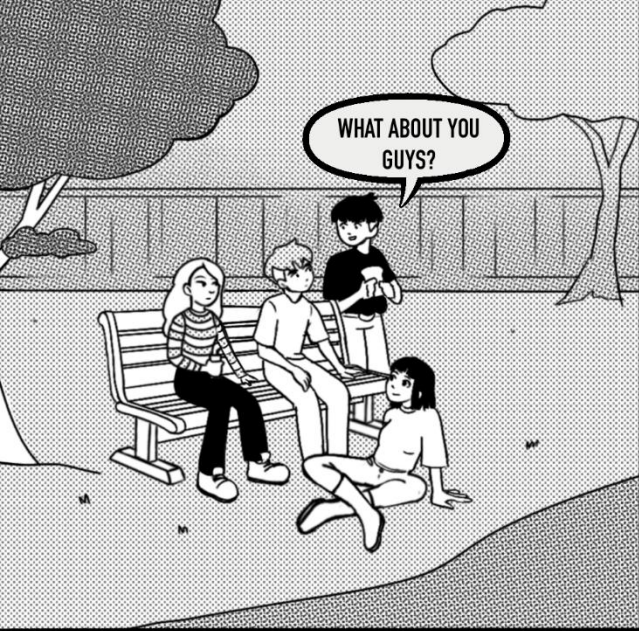
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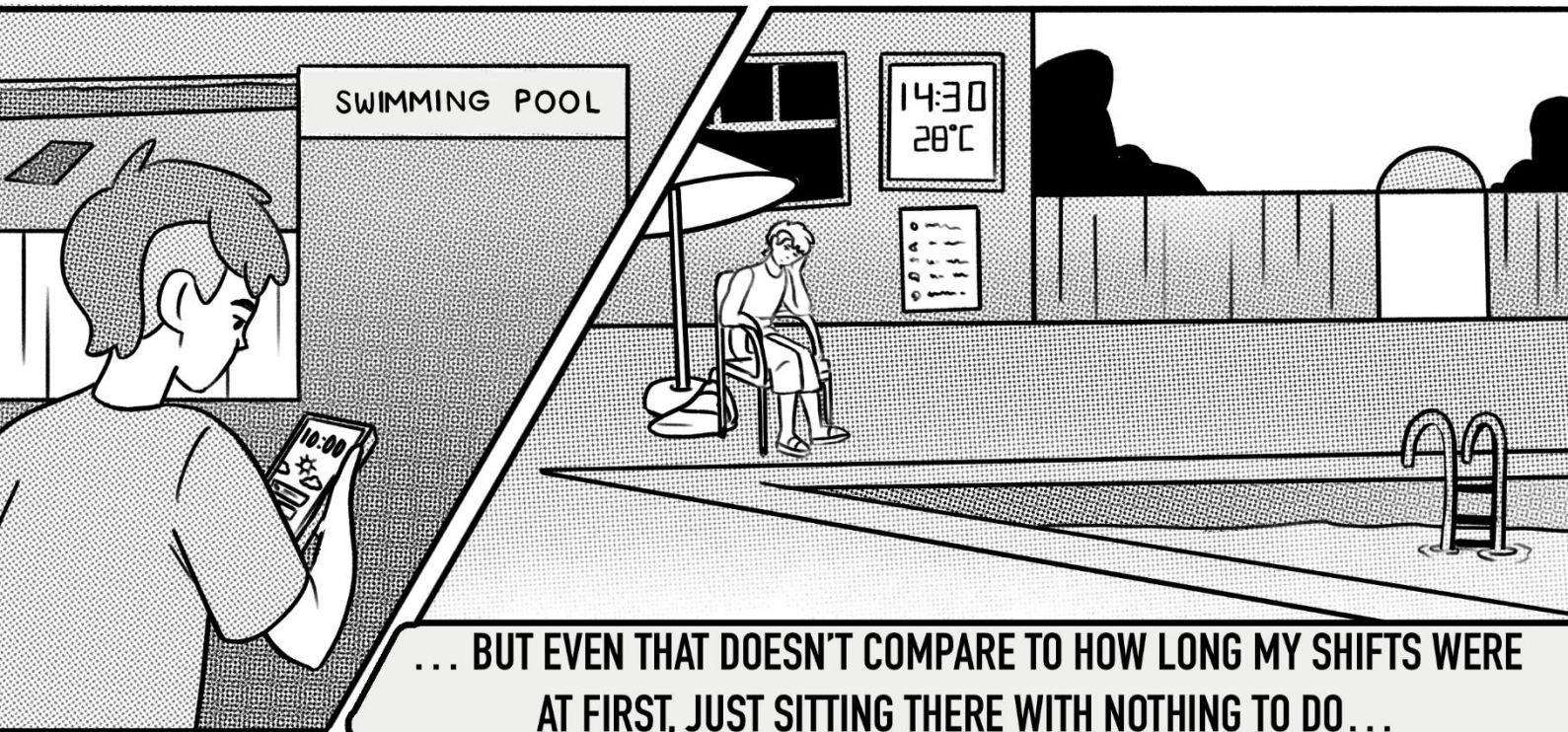
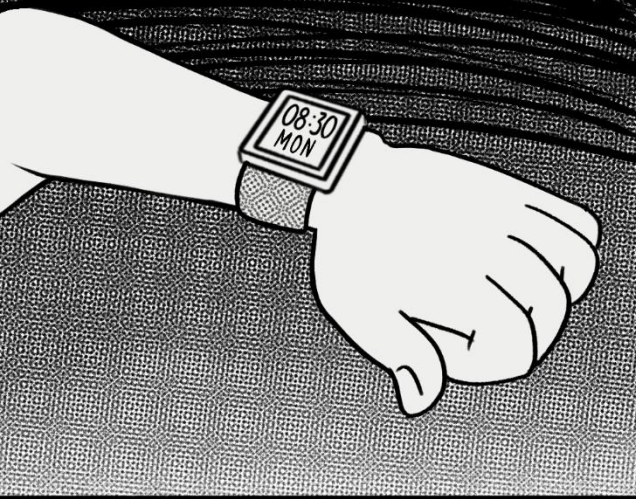
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... IT'S A LONG TRIP ON
THE TRAIN AND SUBWAY...



... BUT EVEN THAT DOESN'T COMPARE TO HOW LONG MY SHIFTS WERE
AT FIRST, JUST SITTING THERE WITH NOTHING TO DO...

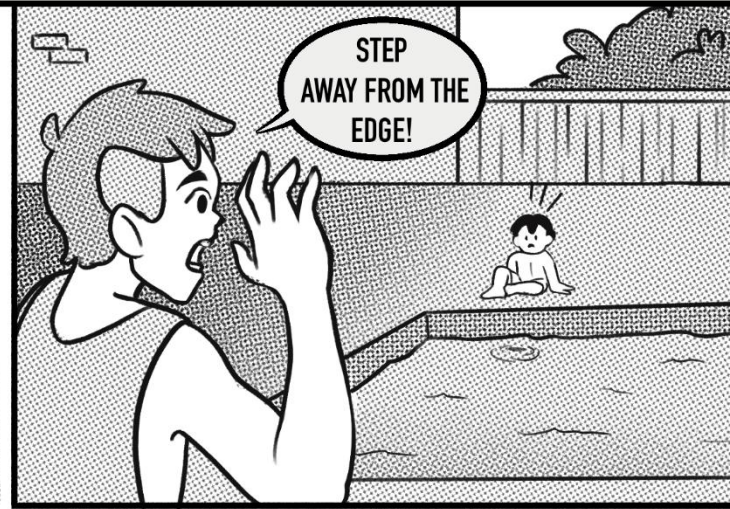


LONG HOURS
WATCHING PEOPLE
SWIM, IN CASE
ANYTHING
HAPPENED...

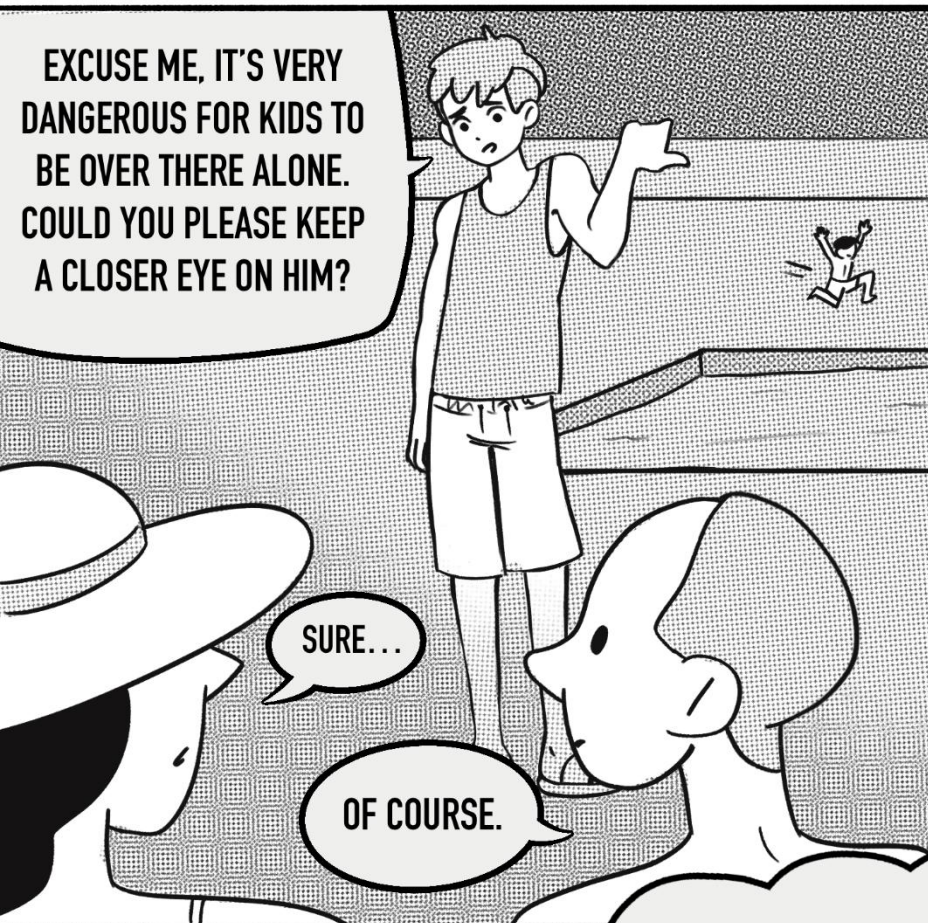


AND THE WORST PART? POOLS ARE FULL OF LITTLE KIDS, A LOT OF THEM
WITH NO SUPERVISION AT ALL...

... IMAGINE IF ONE OF THEM ACCIDENTALLY FELL INTO THE WATER WITH NO ONE AROUND. WHAT IF I DIDN'T NOTICE IN TIME?



STEP AWAY FROM THE EDGE!



EXCUSE ME, IT'S VERY DANGEROUS FOR KIDS TO BE OVER THERE ALONE. COULD YOU PLEASE KEEP A CLOSER EYE ON HIM?

SURE...

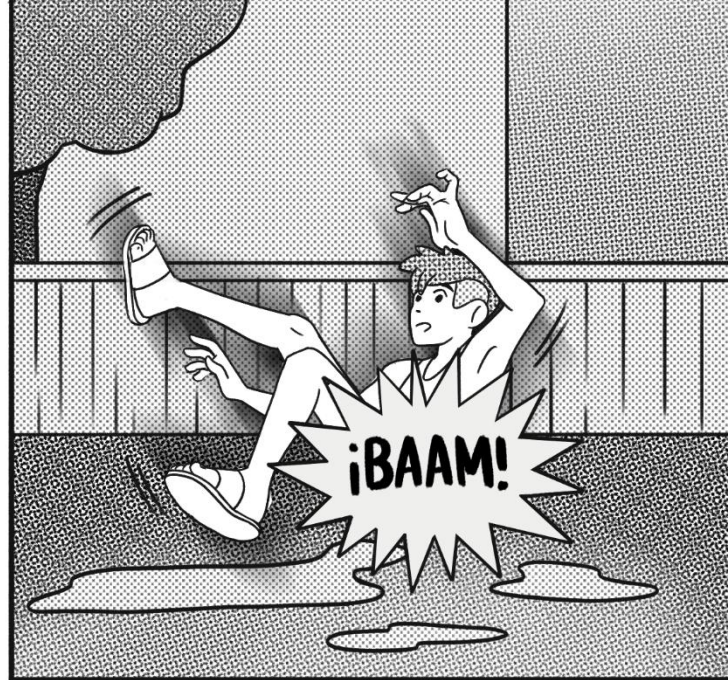
OF COURSE.



COME HERE, LET'S GO TO THE SHALLOW POOL, YES?

GOOD THING THEY WERE REASONABLE AND LISTENED TO ME...

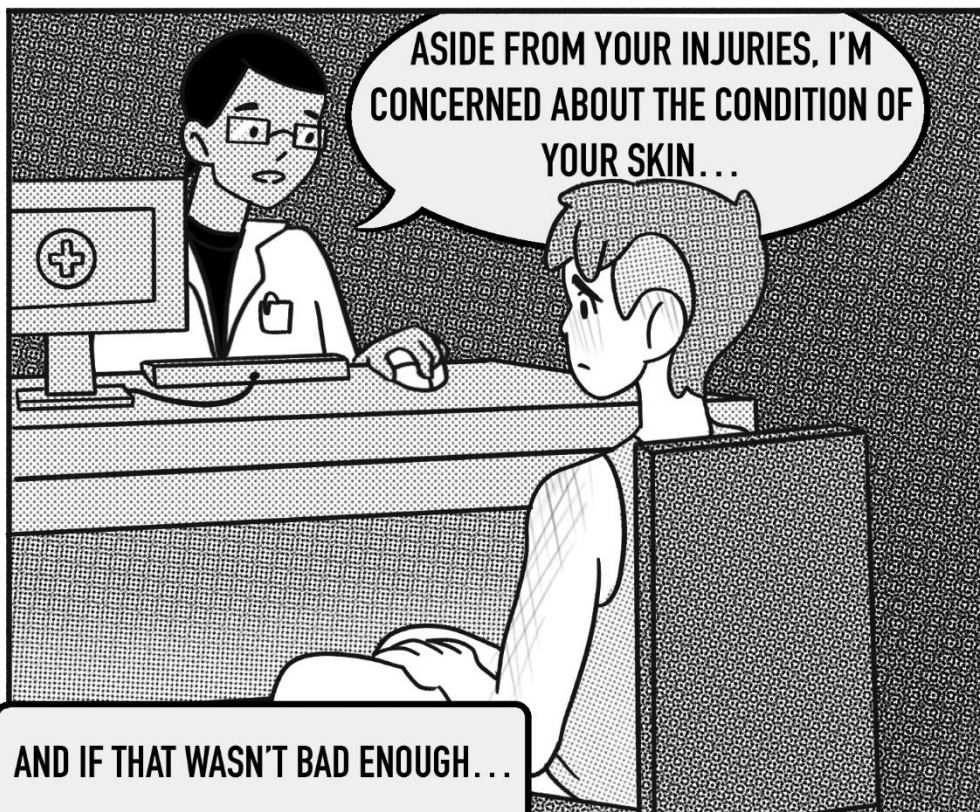
AND THEN...



I FELL DOWN PRETTY HARD, SO MUCH SO THAT MY COLLEAGUES HAD TO CARRY ME TO THE HOSPITAL.

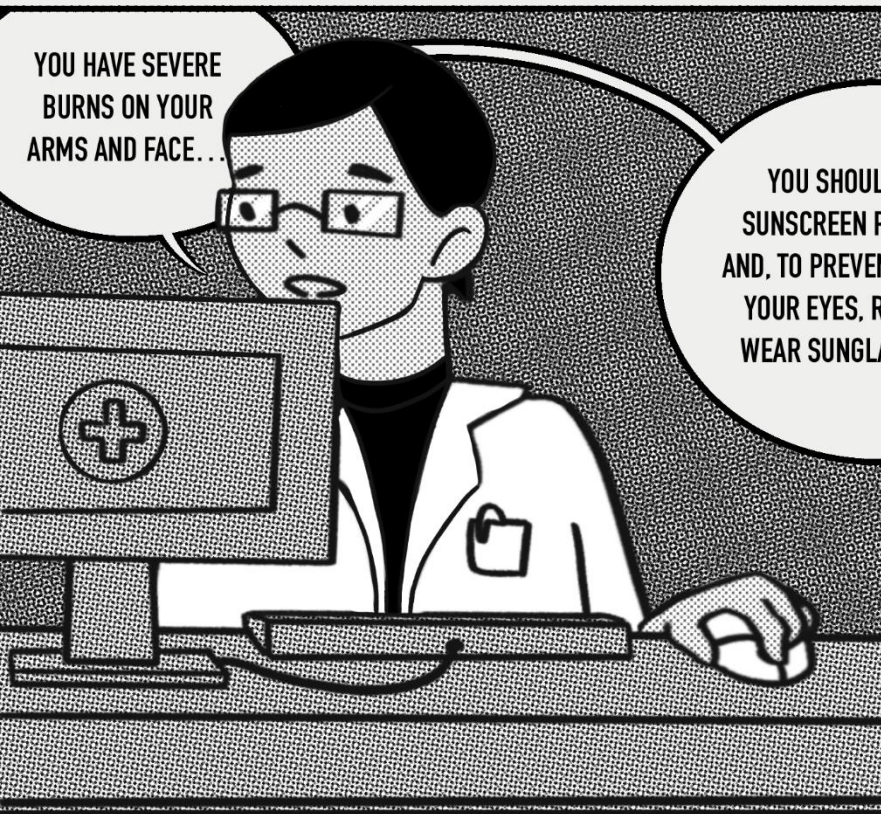


I WAS ON LEAVE UNTIL MY ELBOW HEALED...



AND IF THAT WASN'T BAD ENOUGH...

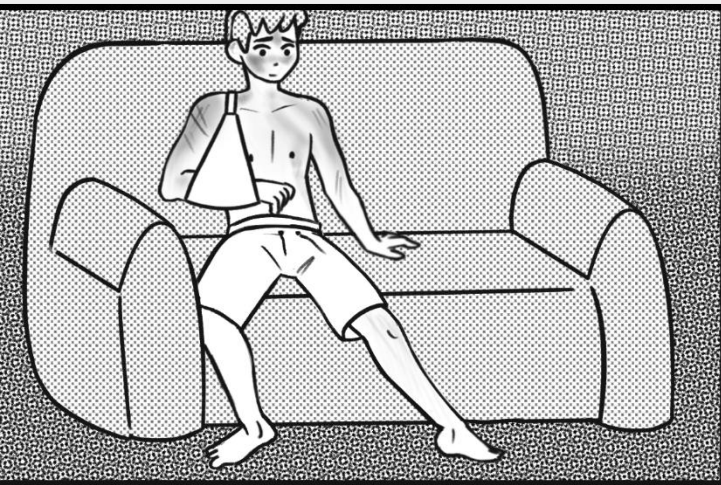
I DIDN'T NOTICE WHILE I WAS WORKING, BUT ENDED UP WITH SOME PRETTY NASTY BURNS AND MY WHOLE BODY ACHED. I DOUBT I'LL EVER FORGET SUNSCREEN AGAIN...



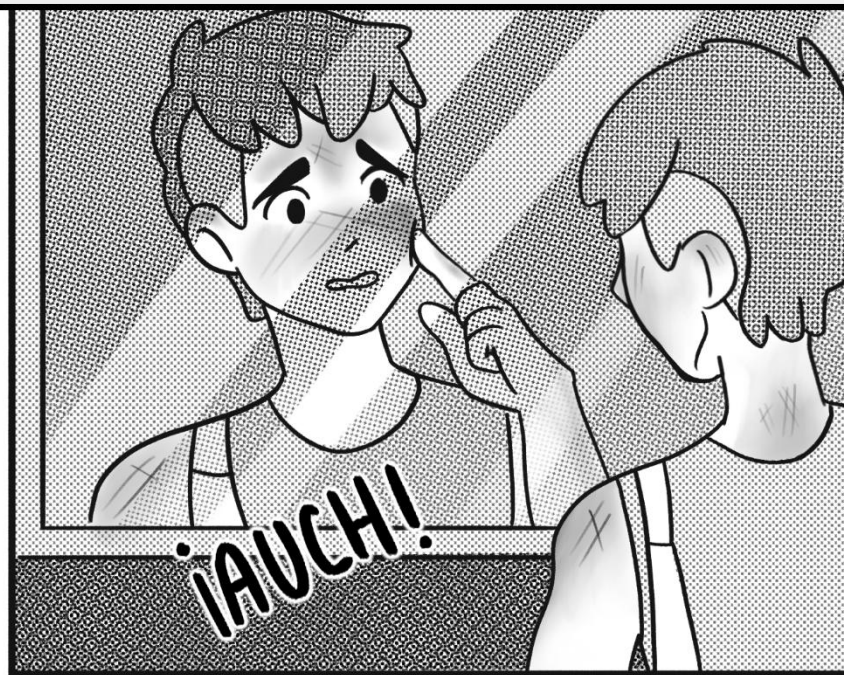
YOU SHOULD REAPPLY SUNSCREEN PERIODICALLY. AND, TO PREVENT ISSUES WITH YOUR EYES, REMEMBER TO WEAR SUNGLASSES, OKAY?



I SPENT A FEW ROUGH DAYS GOING BETWEEN DOCTOR VISITS, DEALING WITH THE PAIN FROM THE SUNBURNS, AND STRUGGLING TO MOVE PROPERLY...



EVEN GETTING DRESSED WAS UNCOMFORTABLE...



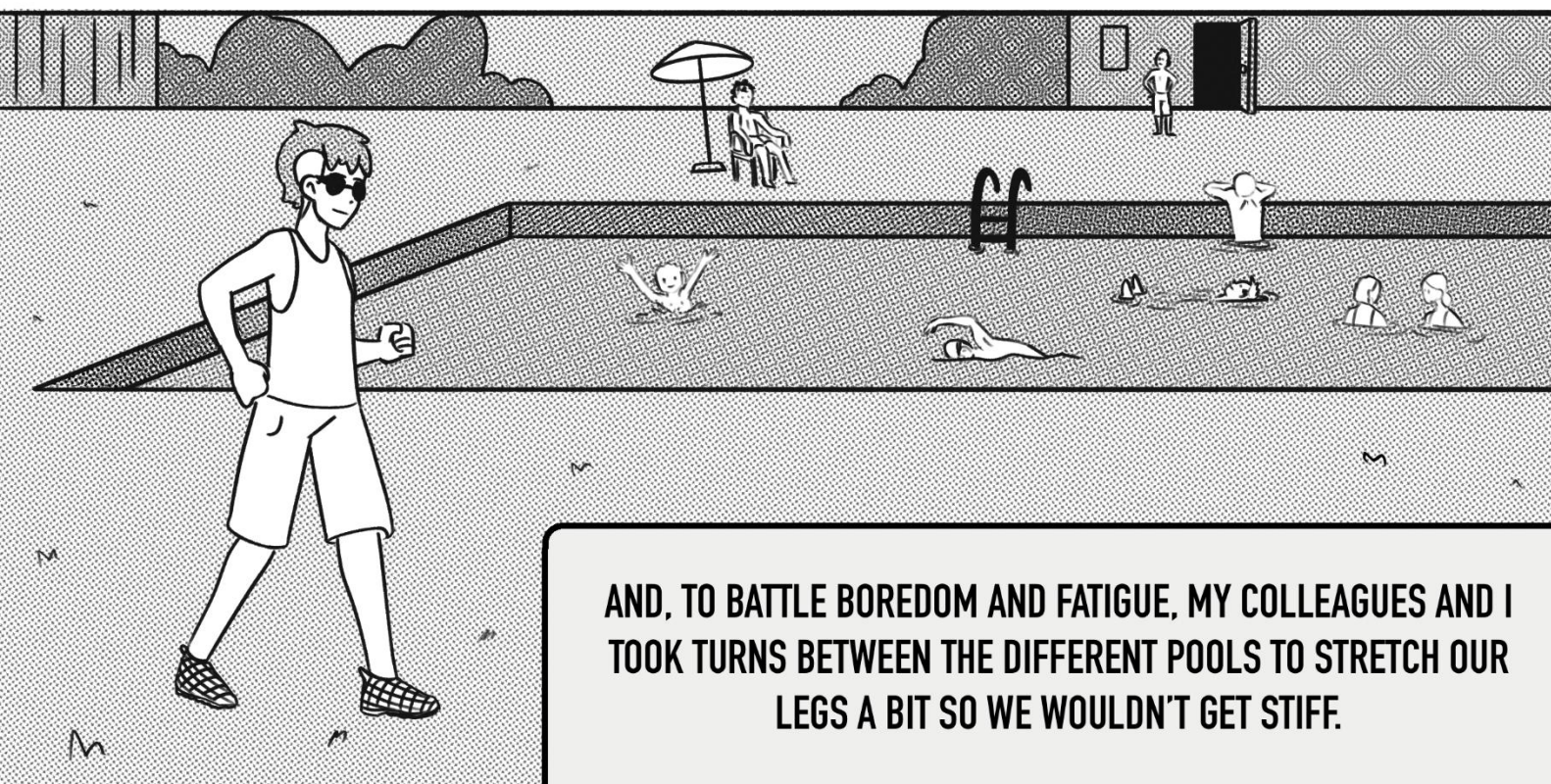
... UNTIL I WAS FINALLY HEALED, AND GOT THE "ALL-CLEAR" TO GO BACK TO WORK.

I CAME BACK TO WORK LAST WEEK

**BUT THIS TIME, TAKING
SAFETY MEASURES...**



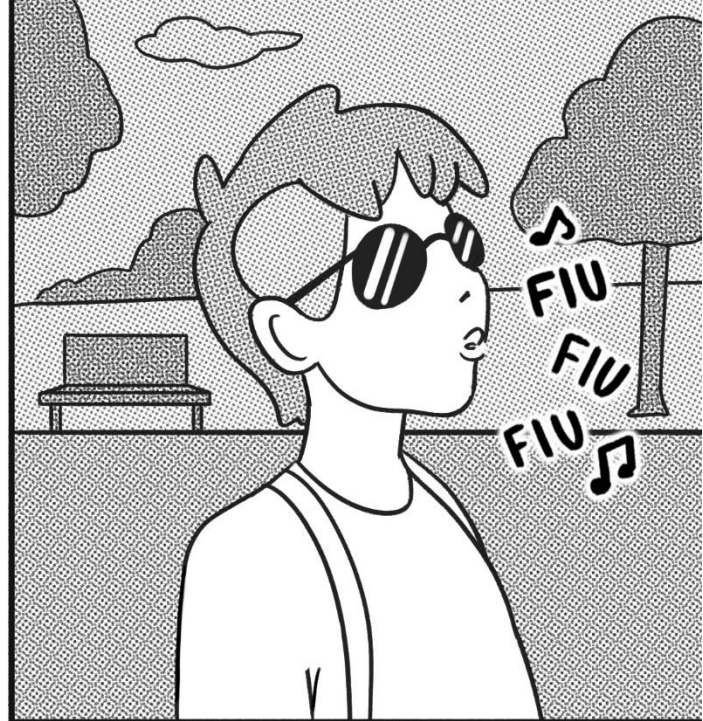
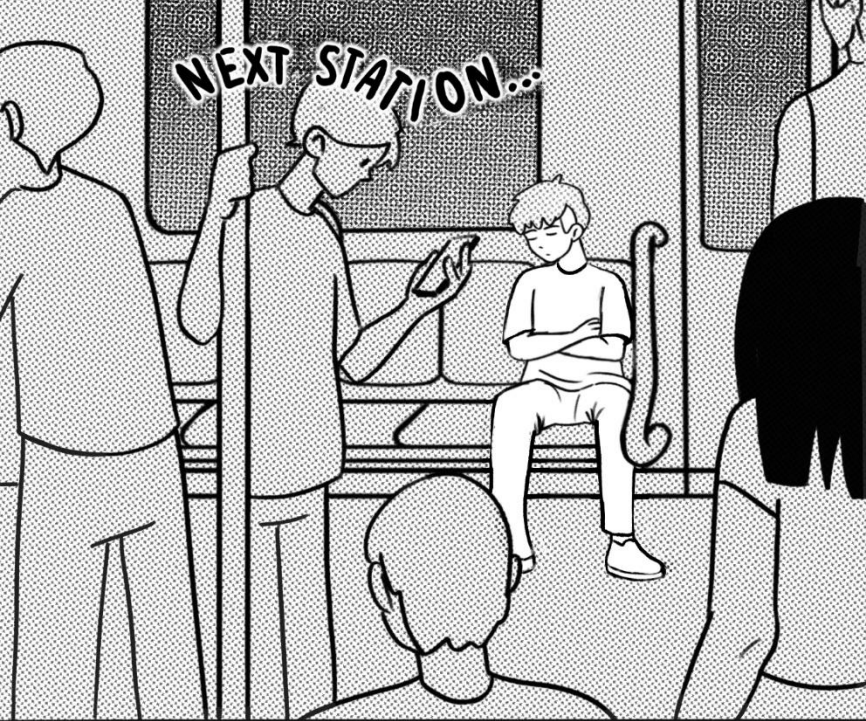
**I GATHERED MY BAG WITH
EVERYTHING I NEEDED AND
LEFT IT BY MY POST**

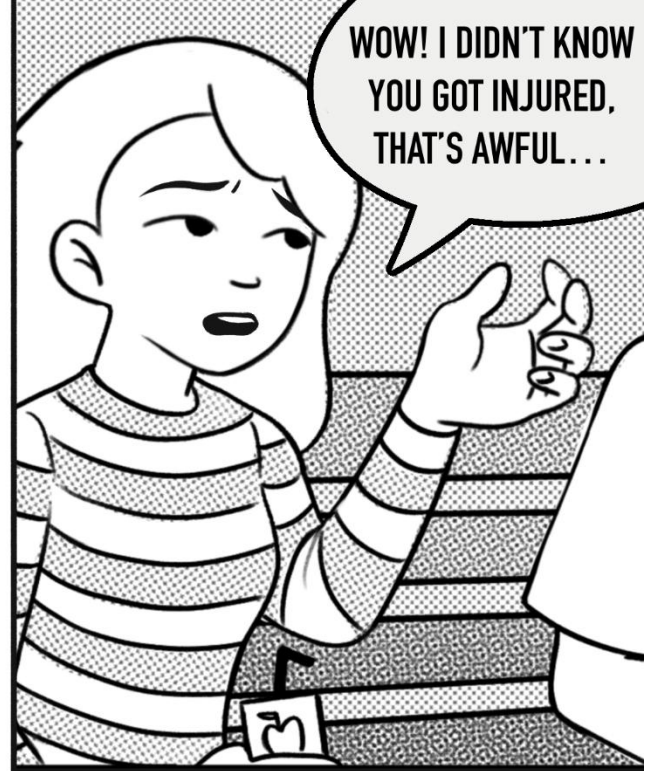
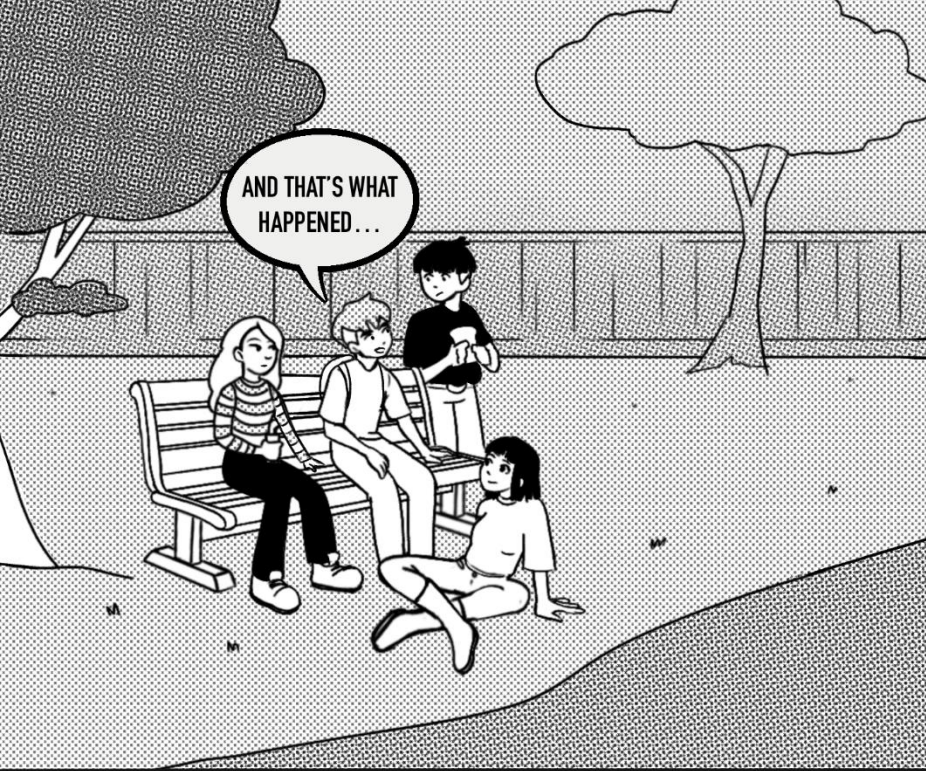


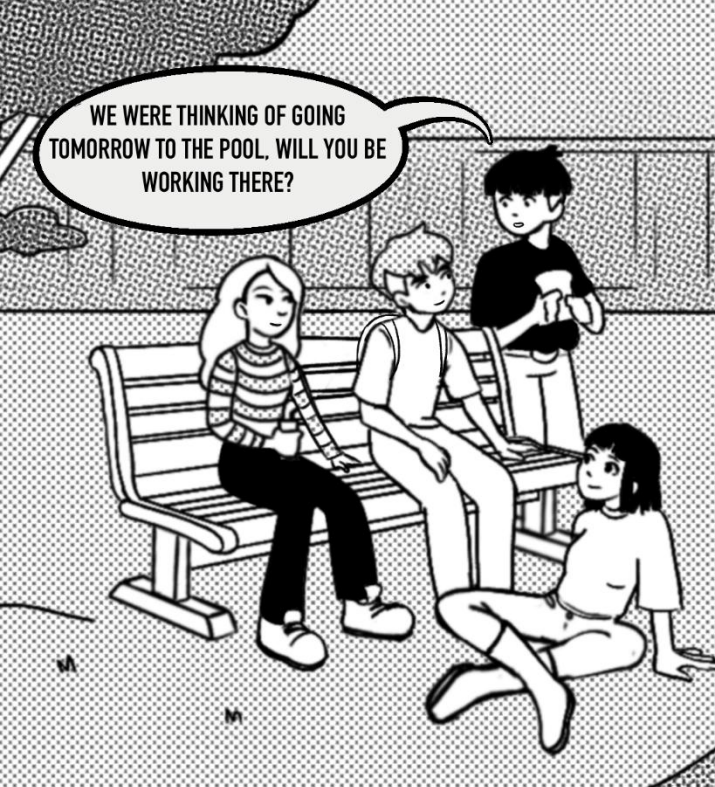
**AND, TO BATTLE BOREDOM AND FATIGUE, MY COLLEAGUES AND I
TOOK TURNS BETWEEN THE DIFFERENT POOLS TO STRETCH OUR
LEGS A BIT SO WE WOULDN'T GET STIFF.**

...IT WAS A GOOD
THING NOTHING
SERIOUS HAPPENED,
EVEN THOUGH
EVERYONE GOT A
SCARE FROM IT...

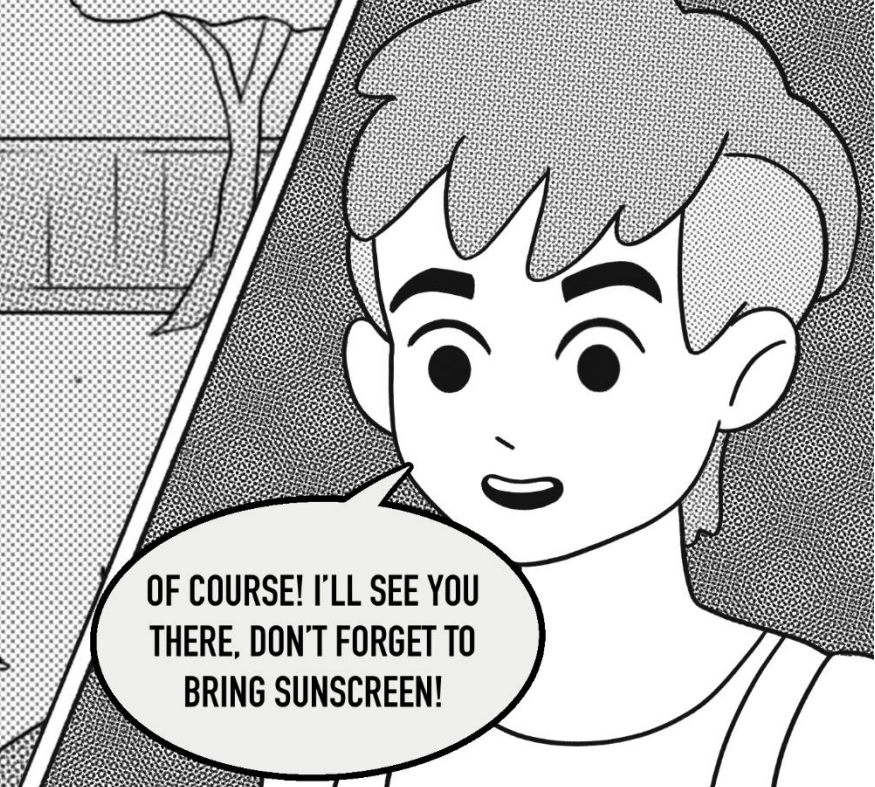






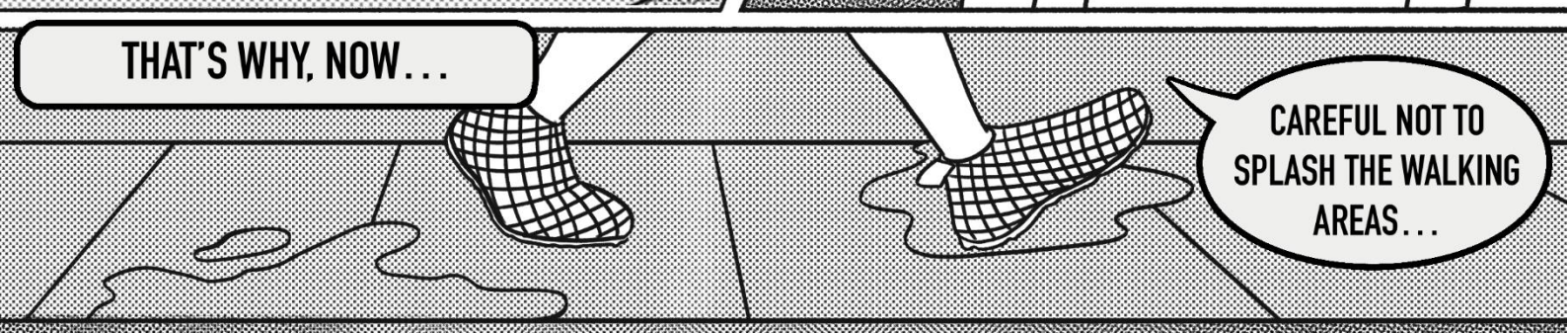


WE WERE THINKING OF GOING TOMORROW TO THE POOL. WILL YOU BE WORKING THERE?



OF COURSE! I'LL SEE YOU THERE. DON'T FORGET TO BRING SUNSCREEN!

THAT'S WHY, NOW...



CAREFUL NOT TO SPLASH THE WALKING AREAS...



SORRY, DILAN! WE'LL KEEP IT IN MIND!

... I'M MORE CAREFUL, I TAKE SECURITY MEASURES, AND IT HELPS ME DO MY JOB AT THE POOL BETTER.

ACTIONS TO PROMOTE AND
SPREAD THE SAFETY AND HEALTH
CULTURE AMONG LOWER
SECONDARY EDUCATION AND
BASIC VOCATIONAL TRAINING
STUDENTS AND TEACHERS