

SERVICIO DE ENDOCRINOLOGÍA Y NUTRICIÓN



Andrés Eduardo Ortiz Flores

Especialista en Endocrinología y Nutrición
 Investigación Biomedica. Instituto Ramón y Cajal de Investigación Sanitaria (IRYCIS)
 Areas de interés: Hiperandrogenismo. Endocrinología Reproductiva

A. Positions and Honors.

Positions and Employment

2011-2012 Rural Doctor, Hospital León Becerra, Milagro, Ecuador
 2013-2017 Medical Residency, Endocrinology & Nutrition, Hospital Universitario Ramón y Cajal, Madrid
 2015-present PROMIR Academy (preparing for Medical Intern Resident (MIR) Test. Coordinator of

BIOGRAPHICAL SKETCH			
NAME: Ortiz Flores Andrés Eduardo BIRTH DATE & LOCATION: October 24, 1985, Guayaquil, Ecuador		POSITION TITLE: Assistant in Endocrinology and Clinical Nutrition. Investigator.	
EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE	YEAR(s)	FIELD OF STUDY
Universidad de Guayaquil, Ecuador	M.D.	2011	Medicine
Hospital Universitario Ramón y Cajal, Madrid	Specialist	2017	Endocrinology & Nutrition
Universidad de Alcalá de Henares, Madrid	Expert	2017	Methodology in Clinical Research

2017 Endocrinology Section
 Visiting Fellow at Nutritional Science Department, Cornell University, Ithaca, New York, USA. Polycystic Ovaries Morphology by ultrasound.
 2017-present Ph.D Student, Medicine and Surgery. Topic: Functional ovarian hyperandrogenism and the influence of iron metabolism in cardiometabolic parameters, Universidad de Alcalá de Henares, Madrid, España
 2017-present Investigator. Instituto Ramón y Cajal de Investigación Sanitaria. Hospital Universitario Ramón y Cajal.
 2018-present Assistant in Endocrinology and Nutrition, Hospital Quirón La Luz

Other Experience and Professional Memberships

- Memberships: Member of Society of Endocrinology, Nutrition and Diabetes of Madrid (2014-present); Spanish Society of Endocrinology and Nutrition (2014-present), Spanish Society of Diabetes (2016-present),

Honors

- Sendimad Award for best oral communication for the XII Congress of "Society of Endocrinology, Nutrition and Diabetes from Madrid". 2014

B. Publication record (05/2018):

- Luque-Ramírez M, Alpañés M., Sanchón R, Fernández-Durán E, **Ortiz-Flores AE**, Escobar-Morreale HF. *Referral bias in female functional hyperandrogenism and polycystic ovary syndrome*. Eur J Endocrinol 2015 Aug 4. pii: EJE-15-064
- Santacruz-Cerdá E., Arcano K, Arrieta-Blanco F, **Ortiz-Flores AE**, Mateo-Lobo R., Botella-Carretero JI, Vázquez-Martínez C., Zamarrón-Cuesta I. *Effectiveness of longstanding home parenteral nutrition with peripheral venous access catheter: a case report*, Nutr Hosp. 2016; 33(1):185-187

3. **Ortiz-Flores A**, Francesca Gioia F, Laura Montáñez-Fernández, Elisa Santacruz-Cerdá, Pilar Martín-Dávila, Héctor Pian-Arias, José I. Botella-Carretero. *Incidental finding of a primary thyroid tuberculosis*. Oxford Medical Case Reports, 2017.
4. Luque-Ramírez M, Nattero-Chávez L, **Ortiz Flores AE**, Escobar-Morreale HF. *Combined oral contraceptives and/or antiandrogens versus insulin sensitizers for polycystic ovary syndrome: a systematic review and meta-analysis*. Human Reproduction Update, 2017 Dec 27.
5. Alonso Díaz S, Vega-Piñero B, Nattero-Chávez L, Pinilla-Pagnon I, **Ortiz-Flores AE**, Luque-Ramírez M. *Virilization of a post-menopausal woman by a mucinous cystadenoma*. Oxford Medical Case Reports, 2018 Jan, 1
6. **Ortiz-Flores AE**, Santacruz E, Jiménez-Mendiguchia L, García-Cano A, Nattero-Chávez L, Escobar-Morreale HF, Luque Ramírez M. *Role of sampling times and serum cortisol cut-off concentrations on the routine assessment of adrenal function using the standard cosyntropin test in an academic hospital from Spain: a retrospective chart review*. BMJ Open 2018; 8:e019273

C. Chapter of books

1. **Andrés Ortiz-Flores** y Héctor Escobar-Morreale. Obesity and Reproduction. Encyclopedia of Endocrine Diseases. Elsevier. In press

D. Research Support Role: selected grants as Principal & Contributor Researcher

1. **Co-investigator**: FIS PI 14/0069 (01-JAN-2015-31-DEC-2017) Spanish Ministry of Economy and Competitiveness. Effect of the decrease in iron tissue depots on the cardiovascular risk factors of women with the polycystic ovary syndrome. A "proof-of-concept" study.
2. **Co-investigator** of clinical trial "LOGICS" A double blind, Placebo controlled randomized withdrawal following open label therapy study to assess the safety and efficacy of Levoketoconazole in treatment of endogenous Cushing's Syndrome. IP: Dr. Manuel Luque-Ramírez
3. **Research Collaborator**: FIS PI 1501686 Influence of sex and sex hormones on adipose tissue dysfunction and chronic metabolic disorders of multifactorial and complex ethiology (SEXMETAB). Instituto de Salud Carlos III. IP: Héctor Francisco Escobar Morreale.

E. Good Clinical Practices (GCPs) training-

Good Clinical Practice Formation. Ramón y Cajal Institute for Biomedical research. (6 hours). Date: (9 to 10-OCT-2017). , Madrid, Spain